

# CASE STUDY

## Alex's story



Last year a youth worker referred me onto a course called Project Turn-Over. I laughed and thought it would just be like any other course and I would just go there because I had to. I was selling drugs, involved in gangs and my main focus was hunting down the man who nearly killed me. The first few days at Turn-Over I thought it was like any other course. I was very wrong. Real people recognise other real people and Mags, Steve, Paul, Garvin and Jake are all real. Mags and Garvin especially have shown me so much love over the last 9 months that I don't even think I deserve it. Sometimes I wonder why these people have been so good to me and created an amazing path for me. It's my job now to give back and show how good I am at the job I've been given. Before I went down the wrong path I loved rugby, football, cricket and baseball. Sport used to be my drug. It was my life. I now get paid to teach sport and teach values and lessons to people who were once like me. I make nearly as much money a month as I was selling weed. I feel better in myself mentally and physically and now I don't have to look over my shoulder all the time. If you had told me 9 months ago I would be here I would have thought it was funny. I am so grateful to be a part of Turn-Over and I'm going to make sure I make a difference in young peoples lives. Turn-Over is like a family to me and one of the best things that has happened to me and I mean that.

**AJ**

Alex joined Project Turn-Over in October 2020 and is now a paid apprentice working for us while we walk alongside him and assist him on his journey. His personal journey and the support he needs will continue for some time, but Project Turn-Over, Alex's support team and family are there for him all the way.

**Apprenticeship is funded through the Fulham FC – Building better lives through sport programme**

**FROM ALEX ON HIS REFERRAL FORM:** *What are your expectations from Project Turn-Over: To guide me in a better direction in my life at this crucial turning point.*



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== TAKING CONTROL ==

